

# 2026 Schedule

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
4:45	Kids (4-6)	4:45	Beginners/ Traditional (7-15)			4:45	Beginners/ Traditional (7-15)	4:45	Kids (4-6)
5:25	Intermediate (7-15)	5:25	Kids (4-6)	5:25	Beginners/ Traditional (7-15)	5:25	Kids (4-6)	5:25	Intermediate (7-15)
6:15	Beginners/ Traditional (7-15)	6:05	Intermediate (7-15)	6:05	Intermediate (7-15)	6:05	Intermediate (7-15)	6:15	Beginners/ Traditional (7-15)
6:55	<b>Traditional TKD Adults (16+) &amp; Olympic Sparring</b>	6:55	Intermediate B (7-15)	6:55	Intermediate B (7-15)	6:55	Olympic Sparring	6:55	<b>Traditional TKD Adults (16+) &amp; Olympic Sparring</b>
		7:40	Olympic Sparring	7:40	Olympic Sparring				